PASSPORT FOR THE BARIATRIC SERVICE AT CALDERDALE AND HUDDERSFIELD NHS FOUNDATION TRUST

You have been referred to Calderdale and Huddersfield for consideration of weight loss surgery. This is the pathway of appointments/investigations you should expect whilst in the Bariatric service.

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|  | Program | Date | Attended |
| Bariatric Nurse/Bariatric Dietitian | Education Session  Receive a pack through the post including a paper copy of the presentation. |  |  |
| Support Group | Dates are available on our Bariatric website. You must attend a minimum of 1 support group. Once you have attended a support group then your investigations/appointments will be requested. You will receive a blood request form at your Support Group Session. Please have these taken at either hospital site or your GP surgery |  |  |
| Investigation 1 | Gastroscopy |  |  |
| Investigation 2 | Overnight oximetry unless you are known to have sleep apnoea on CPAP |  |  |
| Bariatric Dietitian | Outpatient appointment with Dietitian |  |  |
| Bariatric Surgeon | Consultant appointment for health assessment on initial appointment. |  |  |
| Bariatric MDT | Once all of the above have been completed, your case will be discussed in the next available Multidisciplinary Team Meeting. This will be when the team decide whether or not it is safe and appropriate for you to have your surgery. **At this stage, you will not be eligible to have surgery if you are above your booking in weight. You will also not be eligible to move forward to surgery if you are not smoke/nicotine vape free. This may be tested on the day of surgery also.** |  |  |
| Pre-Assessment | You will be asked to attend for a health assessment in the Pre-Assessment clinic. |  |  |
| Liver Reduction Diet Sheet | The Bariatric MDT Coordinator will contact you with a date for surgery. When you receive this date you will need to count back your allocated liver reduction weeks. This can be 3 – 4 weeks depending on the outcome of the MDT decision. |  |  |
| Dietitian/Nurse appointment | You will have an appointment with the Dietitian or Nurse Specialist to have a weight check (you must be under your booking in weight) and to discuss the Liver Reduction Diet. You may also be assessed with the smokerlyzer at this point to clarify your smoking status. |  |  |
| Surgery | Your surgery will be held at Huddersfield Royal Infirmary.  You will recover from surgery on Ward 10. |  |  |
| Post Operative Telephone Assessment | You will receive a telephone appointment from the Bariatric Nurse Specialist around one week post surgery. This appointment will be made by the Bariatric MDT Coordinator prior to you having surgery. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** |  |  |
| Post Operative 6 weeks appointment | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 6 weeks interval. This appointment will be arranged by the Bariatric MDT Coordinator prior to your surgery date. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule.** |  |  |
| Post Operative 12 weeks appointment | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 12 weeks interval. This appointment will be arranged by the Bariatric MDT Coordinator prior to your surgery date. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** |  |  |
| Post Operative 6 months appointment | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 6 months interval. This appointment will be arranged by the Bariatric MDT Coordinator. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** |  |  |
| Post Operative 12 months appointment | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 12 months interval. This appointment will be arranged by the Bariatric MDT Coordinator. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** |  |  |
| Post Operative 18 months appointment | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 18 months interval. This appointment will be arranged by the Bariatric MDT Coordinator. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** |  |  |
| Post Operative 2 Years appointments | You will receive an outpatient appointment with the Dietitian or Nurse Specialist at your 2 years interval. This appointment will be arranged by the Bariatric MDT Coordinator. **This appointment is important for you to attend, if you cannot make the appointment always contact the bariatric team on 01484 355217 to reschedule** At this appointment you will potentially be discharged from the service after reaching your goals. |  |  |
|  | CONGRATULATIONS ON YOUR WEIGHT LOSS JOURNEY YOU HAVE DONE AMAZING. KEEP UP THE GOOD WORK. |  |  |

Useful Contact Numbers

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